

PERSONAL SAFETY CHECKLIST

Use this form as a guide as you check your home for safety measures. Boxes marked "NO" indicate areas where you could take action to improve your home's security. These are just some of the steps you can take to decrease the likelihood that you or your home is targeted.

	YES	NO
When in public, I walk steady and watchfully. I communicate a sense of self confidence and purpose, head erect and alert.	<input type="checkbox"/>	<input type="checkbox"/>
I carry few valuables with me.	<input type="checkbox"/>	<input type="checkbox"/>
I think ahead about safe havens to escape to and obtain aid should a need arise. I know where the nearest public phones are located. I carry extra coins with me in case it is necessary to make calls. 911 calls on pay phones are free.	<input type="checkbox"/>	<input type="checkbox"/>
I try not to walk alone, especially at night. I realize there is strength in numbers.	<input type="checkbox"/>	<input type="checkbox"/>
I avoid poorly lighted streets and resist shortcuts through vacant lots, alleys, tunnels, etc. If I get lost, I seek help from people in highly active and well lighted areas.	<input type="checkbox"/>	<input type="checkbox"/>
I never ask for rides from strangers.		
I carry a whistle, battery operated alarm or other sounding device so I can signal for help.	<input type="checkbox"/>	<input type="checkbox"/>
When walking, I avoid being stopped by individuals. I never give out personal information to strangers such as who I am, who I work for, my children's names, etc.	<input type="checkbox"/>	<input type="checkbox"/>
When I am walking at night, I carry a long metal flash light and/or have my leashed dog with me. I allow my eyes a few minutes to adjust to the light level before I start walking.	<input type="checkbox"/>	<input type="checkbox"/>
I always lock my car and take the key with me. I never leave a key hidden inside my car.	<input type="checkbox"/>	<input type="checkbox"/>
I do not leave a message on my answering machine that informs people that I am out of town and my home is vacant.	<input type="checkbox"/>	<input type="checkbox"/>
I have completed a home or apartment safety checklist.	<input type="checkbox"/>	<input type="checkbox"/>



WEST VALLEY CITY

Neighborhood Watch

www.wvc-ut.gov/neighborhoods